

Tibetan Mind Mapping

How can it help you?

The physical body is but the dense core of the human bio-organism which is a complex aggregation of mental and spiritual bodies; these are constituted of emanations of light, of emotion, of electrical and magnetic fields, of the life-force (or prana) itself.



The pulsations of these separate but interdependent bodies meet, merge and intersect to create that which mystics call the 'aura' or the raiment of light.

In the course of living ones life a person attempts to make sense of their journey by ordering and storing the events of their life in the data files of their memory banks.

Consciousness, however, resides not simply in the grey matter of our brains but

in the totality of our being as the theory of 'holism' correctly informs us.

Our mental bodies consciously or unconsciously place an event or relationship within or outside the physical body where it feels comfortable, where it fits the pattern of the rest of your life.

Mind Mapping is a journey of discovery into the structure of your life - past, present and future - to change, modify and adjust its components to better serve you as you are now.

- You may want to remove some unhappy event or memory from your life.
- You may want to activate some project or manifest something here and now.
- You may want to address a challenging emotional block.

In a Mind Mapping session you go as fast and as far as you feel comfortable to go in a supportive and safe healing space. This process of rapid transformation and self empowerment has been the preserve of Yogis and Llamas for centuries.

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